WORLD MARKET LEADER IN CERAMIC DENTAL IMPLANTS

LEISURE ACTIVITIES

Information from A–Z

SWISS BIOHEALTH EDUCATION

SDS SWISS DENTAL SOLUTIONS

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Grüezi and welcome to the SWISS BIOHEALTH EDUCATION CENTER

SWISS PRECISION AND RELIABILITY - also in continuing education and training?

ABOLUTELY! SDS SWISS DENTAL SOLUTIONS, the undisputed world market leader for ceramic implants, has created a unique setup in the context of the SWISS BIOHEALTH GROUP to provide you with the SWISS BIOHEALTH EDUCATION CENTER in a healthy, swiss-stylish, friendly, collegial ambience to give you a new home for your thirst for knowledge and your enthusiasm for your profession.

You want to reach the next level as an implanter and prosthodontist as quickly and effectively as possible by „chunking“ courses and learning from the best in each field at a single location?

This is exactly what we offer you at our headquarters in Kreuzlingen, Switzerland, 100 meters from the German border! Knowing that you can never really absorb the meaning of a book if you only read a few pages once a month for a year, we have bundled each subject area, such as the BONE AUGMENTATION WEEK, in“chunks“, so that you will advance day by day and thus level by level in the respective area within a few days to a week to become an absolute professional in this area. This is based on the same wisdom as the fact that you will internalize a book much better if you read it in one go over a rainy weekend!

1

HOTEL RECOMMENDATIONS

HOTEL CONSTANTIA (450 m)

This exclusive hotel is located in the city center of Konstanz, directly at the Swiss border.

Kreuzlinger Str. 13 | 78462 Konstanz | Germany
+49 7531 363 21-0 | info@hotel-constantia.de

www.hotel-constantia.de

HOTEL SIX (500 m)

Individually managed, charming boutique hotel - fine and friendly, young and dynamic.

Hauptstrasse 6 | 8280 Kreuzlingen | Switzerland
+41 71 525 34 34 | info@hotelsix.ch

www.hotelsix.ch

STEIGENBERGER INSELHOTEL (1,9 km)

Majestically shines the hotel in Konstanz, within the walls of a former Dominican monastery.

Auf der Insel 1 | 78462 Konstanz | Germany
+49 7531 125 0 | reservations@konstanz.steigenberger.de

www.steigenberger.com

HOTEL KREUZLINGEN AM HAFEN (2,2 km)
Modern, functional interior, combined with quality materials. Bright rooms and a touch of art.

Seestrasse 50 | 8280 Kreuzlingen | Switzerland
+41 71 677 88 99 | welcome@hotel-kreuzlingen.ch

www.hotel-kreuzlingen.ch

HOTEL RIVA (2,7 km)
Here people can indulge in nature or conquer the city, here they can open up or withdraw, just as they like.

Seestraße 25 | 78464 Konstanz | Germany
+49 7531 363 09-0 | welcome@hotel-riva.de

www.hotel-riva.de

IBIS STYLES (3,0 km)
At ibis Styles Konstanz, you'll get a particularly restful night's sleep - you'll enjoy the comfort of your Sweet Bed by ibis Styles.

Oberlohnstraße 5B | 78467 Konstanz | Germany
+49 7531 9215 151

www.all.accor.com

47° (3,3 km)
The 47°, your hotel at Lake Constance. Personally managed, individually designed and furnished.

Reichenaustraße 17 | 78467 Konstanz | Germany
+49 7531 12749-0 | 47@47grad.de

www.47grad.de

HARBR. (3,8 km)
Arrive. Tie down. Letting go. For one night. Or more. For weeks. Or longer. Welcome to your new home port.

Hans-Sauerbruch-Str. 2 | 78467 Konstanz | Germany
+49 7531 942 461-0 | konstanz@harbr.de

www.harbr.de

PARKHOTEL HALM KONSTANZ (1,1 km)
Immerse yourself in the beautiful Lake Constance landscape with its rich culture and many recreational opportunities.

Bahnhofplatz 6 | 78462 Konstanz | Germany
+49 7531 1210 | info@hotel-halm.de

www.hotel-halm.de

2

RESTAURANT RECOMMENDATIONS

IL BOCCONE

Homemade Italian cuisine, an exceptional bar, the best cabaret entertainment and an exclusive ambience - Il Boccone is more than just a ristorante. But it's the guests who make it what it is: the meeting place in Konstanz.

Bodanstraße 20-26 | 78462 Konstanz | Germany
+49 7531 2846 744

www.ilboccone.de

HAFENHALLE

Nestled between the shores of Lake Constance and the historic old town, located directly on the harbor of Konstanz. Hafenhalle: restaurant, beer garden, bar.

Hafenstraße 10 | 78462 Konstanz | Germany
+49 7531 211 26

www.hafenhalle.com

RESTAURANT FRIEDRICHS

Directly on the Seerhein promenade, the restaurant Friedrichs Konstanz welcomes its guests. The cuisine is refreshingly different and uncomplicated. The demand for regional and seasonal products is high. As a fitting accompaniment to all dishes, we serve the view of the water and the silhouette of Konstanz.

Reichenaustr. 17 | 78467 Konstanz | Germany
+49 7531 1274 9777

www.restaurant-friedrichs.de

KONZIL

We do not only want to spoil you with culinary delights, but also contribute to your well-being through our special location on the lake, and the historical ambience. The Konzil-Konstanz also belongs to the association „Gutes vom See“, which promotes the sustainable development of the Lake Constance region and supports cross-industry cooperation between agriculture, food crafts, trade, gastronomy and canteen kitchens.

Hafenstraße 2 | 78462 Konstanz | Germany
+49 7531 212 21

www.konzil-konstanz.de

CONSTANZER WIRTSHAUS

The restaurant in the former officers‘ mess with terrace on the Rhine serves home-style and Swabian dishes.

Spanierstraße 3 | 78467 Konstanz | Germany
+49 7531 3630 130

www.constanzer-wirtshaus.de

Pic: MTK / Dagmar Schwelle

UMAMI SUSHI & GRILL

The term comes from the Japanese and literally means: meaty and savory, tasty. Along with sweet, sour, salty and bitter, umami is considered the fifth quality of the sense of taste and is the name for a full-bodied flavor. Our concept combines Japanese and Spanish cuisine. We want to get your taste buds going!

Sigismundstr. 12 | 78462 Konstanz | Germany
+49 7531 2842 149

www.umami-konstanz.de

3

CULTURE / MUSEUMS

KONSTANZ CITY CENTER

With its historic city center, the Council of Constance and its small, fine museums, Konstanz has a unique history that can be experienced, a very lively present and many ideas and plans for the future. Art, culture, enjoyment and water characterize the largest city on Lake Constance, which is considered the center of the four-country region and invites you to hike, bike, store or simply linger - a feast for the senses.

www.konstanz-tourismus.de

Pic: MTK / Dagmar Schwelle

CULTURE CENTER

The Cultural Center at the Minster with its striking red facade is a place of culture, education and art, where six different cultural institutions are united under one roof, complementing and enriching each other, and where those interested in culture can find a wide range of offerings.

Wessenbergstrasse 43 | 78462 Konstanz | Germany
+49 7531 900900

www.konstanz.de

ARCHAEOLOGICAL STATE MUSEUM

In its permanent exhibition, the Archaeological State Museum presents finds and findings of the state archaeology in Baden-Württemberg on 3000 square meters. The permanent exhibition is spread over three floors: on the first floor there is a general introduction to the methods and working methods of archaeology.

Benediktinerplatz 5 | 78467 Konstanz | Germany
+49 7531 9804 0

www.alm-bw.de

ROSGARTEN MUSEUM

As a museum of art and cultural history of the Lake Constance region, the Rosgarten Museum looks back on a long tradition. Since its foundation in 1870 by Ludwig Leiner, a pharmacist and city councilor from Konstanz, the rich collection on the history of the city and the region can be seen here.

Rosgartenstraße 3-5 | 78462 Konstanz | Germany
+49 7531 9002 245

www.rosgartenmuseum.de

Pic: Rosgartenmuseum Konstanz

CITY THEATER KONSTANZ

The theater, whose prehistory dates back to 1607, today also uses the so-called „Spiegelhalle“, a former goods hall at the Konstanz harbor, for its productions, especially for experimental and young theater, in addition to the actual city theater building with 400 audience seats.

Konzilstrasse 11 | 78462 Konstanz | Germany
+49 7531 900 2150

www.theaterkonstanz.de

Pic: Theater Konstanz / Ilja Mess

SOUTHWEST GERMAN PHILHARMONIC ORCHESTRA

The Southwest German Philharmonic Orchestra of Konstanz was founded in 1932. It is one of the most important cultural institutions in the southwest of Germany, shapes the cultural offerings of city and is also an important player in Switzerland‘s concert scene.

Fischmarkt 2 | 78462 Konstanz | Germany
+49 7531 9002 810

www.philharmonie-konstanz.de

Pic: SWP / Patrick Pfeiffer

4

REGION / DESTINATIONS

MAINAU ISLAND (9 km)

Experience nature again and again, enjoy the uniqueness of each season and let your soul dangle: We would like to welcome you to Mainau Island for this purpose.

Lush blossoms all year round, a park with over 150-year-old trees, the baroque splendor of the palace and church, and the mediterranean character - that is Mainau, the flower island in Lake Constance.

Pic: Bodensee Tourismus / Achim Mende

REICHENAU ISLAND (11 km)

In the middle of western Lake Constance stretches the famous World Heritage Reichenau Island. It is an endearing world of its own, washed by water. Venerable island guardians are the three medieval churches. In between, vegetables, herbs and wine thrive in the market gardens, fields and vineyards. And with each ringing of the bells, the triad of this special, but completely unexcited island world resounds: naturalness, authenticity and closeness.

Pic: MTK / Achim Mende

MEERSBURG (by ferry about 6 km)

Meersburg is one of the members of the German Half-Timbered Houses Route - one of the major tourist routes in Germany. Around these representative buildings, which today are mostly open for viewing, are arranged the small alleys, the beautiful squares and magnificent panoramic terraces of Meersburg. In summer, cozy cafés attract visitors here, and the terraces of the New Castle and the castle offer the most beautiful views from above of the lake and - in clear weather - of the imposing mountain ranges of the Alps.

Pic: Bodensee Tourismus / Achim Mende

FRIEDRICHSHAFEN (by ferry about 30 km)

Friedrichshafen is also a city on the shore of Lake Constance. It is known for its important role in aviation history, which is detailed in the Zeppelin Museum. The lakeside promenade is lined with cafes. A steel tower on the harbor causeway offers views of the city and the Alps. The domed baroque towers of the castle church dominate the cityscape and can be admired from the air during sightseeing flights by zeppelin.

Pic: Bodensee Tourismus / Achim Mende

SALEM (45 km)

The municipality of Salem, which has a population of around 11,500 and 11 sub-villages, is picturesquely situated in the Salem Valley, which is one of the most beautiful vacation landscapes in the Lake Constance area.

Salem Castle is one of the most outstanding cultural monuments in Baden-Württemberg. The extensive grounds include Europe‘s largest fire department museum and the 1,000 square meter wine cellar of the Margravial Winery.

Pic: Bodensee Tourismus / Achim Mende

STEIN AM RHEIN | SWITZERLAND (30 km)

The charm of the medieval town immediately captivates the visitor. The facade paintings are world-famous, almost as much the culinary offer and the range of shopping trouvailles. High above the old town sits Hohenklingen Castle with a breathtaking view over the Hegau, Lake Constance and the Rhine landscape.

WINTERTHUR | SWITZERLAND (45 km)

Winterthur is a Swiss city located northeast of Zurich near the German border. The city's museums include the Fotomuseum Winterthur and the Swiss Science Center Technorama. The Winterthur Art Museum displays modern art, including works by Picasso and Klee.

On a hill is the Rose Garden with hundreds of varieties of roses and views of the old town.

SCHAFFHAUSEN | SWITZERLAND (50 km)

Nestled in a paradisiacal landscape. Characterized by the Rhine, endless vineyards, dense forests and the hills of the Randen, as if made for hiking - that is the Schaffhauserland.

Or discover the 171 oriels of the old town of Schaffhausen, feel the fine spray of the thundering Rhine Falls on your skin and enjoy the fruity-fresh wines of the Schaffhauser Blauburgunderland.

ZURICH | SWITZERLAND (65 km)

The city of Zurich is a global center of banking and finance, located at the northern end of Lake Zurich in northern Switzerland. The picturesque streets of the old town on both sides of the Limmat are evidence of the city's pre-medieval history. Waterfront promenades such as Limmatquai follow the river to the 17th-century city hall.

5

SPORT / LEISURE

BIKE RENTAL

ROCCO - THE BIKE SHOP
Von-Emmich-Str. 3 | 78467 Konstanz | Germany
+49 7531 3697 630 | info@roccoderfahrradladen.de

www.roccoderfahrradladen.de

ZWEIRAD WAGENKNECHT
Reichenaustr. 14b | 78467 Konstanz | Germany
+49 7531 61979 | info@zweiradwagenknecht.de

www.zweirad-wagenknecht.de

KULTUR-RÄDLE
Bahnhofplatz 29 | 78462 Konstanz | Germany
+49 7531 273 10 | kultur-raedle@t-online.de

www.kultur-raedle.de

RENT A BIKE
Bahnhofstrasse 12 | Kreuzlingen | Switzerland
+41 41 925 11 70
www.rentabike.ch

Pic: MTK / Dagmar Schwelle

GOLF

GOLF & COUNTRY CLUB SCHLOSS LANGENSTEIN
Schloss Langenstein 16 | 78359 Orsingen | Germany
+49 7774 50651 | info@schloss-langenstein.com

www.schloss-langenstein.com

GOLFCLUB KONSTANZ IN LANGENRAIN
Hofgut Kargegg | 78476 Langenrain | Germany
+49 7533 9303 0 | info@golfclubkonstanz.de

www.golfclubkonstanz.de

GOLFCLUB STEISSLINGEN
Brunnenstraße 4B | 78256 Wiechs | Germany
+49 7738 93912 0 | info @golfplatz-steisslingen.de

www.golfplatz-steisslingen.de

GOLFCLUB LIPPERSWIL
Golfpark 1 | 8564 Lipperswil | Switzerland
+41 52 724 01 10 | kontakt@golfswitzerland.ch

www.golfswitzerland.ch

GOLFCLUB ERLEN
Schlossstrasse 7 | 8586 Erlen | Switzerland
T +41 71 648 29 30 | info@erlengolf.ch

www.erlengolf.ch

SAILING / SURFING

WILDE FLOTTE SAILING SCHOOL & CHARTER
Untere Bündt 6 | 78465 Wallhausen | Germany
+49 7533 9978 802 | info@wilde-flotte.de

www.wilde-flotte.de

SCHIFFSBETRIEB NEUSCHWANDEN
Schützenstrasse 12 | 8280 Kreuzlingen | Switzerland
+41 71 672 60 41 | msdelphin@bluewin.ch

www.msdelphin.ch

SAILING SCHOOL KONSTANZ
Hafenstr. 7 | 78462 Konstanz | Germany
+49 7531 9191 15 | info@segelschule-konstanz.de

www.segelschule-konstanz.de

BODENSEE-SAILING
Contact: Urs Reichmuth
+41 76 375 22 64 | info@bodenseesailing.ch

www.bodenseesailing.ch

TENNIS

TENNIS-CLUB KONSTANZ
Eichhornstr. 52 | 78464 Konstanz | Germany
+49 7531 638 02 | info@tennisclub-konstanz.de

www.tennisclub-konstanz.de

TENNIS WORLD KREUZLINGEN
Seestrasse 11a | 8280 Kreuzlingen | Schweiz
+41 71 672 62 92 | info@tennisamsee.ch

www.tennisamsee.ch

CLIMBING

BOULDER & CLIMBING PARK
Mainaustraße 213 | 78464 Konstanz | Germany
+49 7531 882 590

www.uni-konstanz.de/hochschulsport

KLETTERWERK
Werner-Messmer-Str. 12 | 78315 Radolfzell | Germany
+49 7732 9598 48 | info@kletterwerk.de

www.kletterwerk.de

ERLEBNISWALD MAINAU / HIGH ROPE GARDEN
St.-Katharina 1 | 78465 Insel Mainau | Germany
+49 7531 3613 667 | info@erlebniswald-mainau.de

www.erlebniswald-mainau.de

CLIMBING HALL KREUZLINGEN
Seetalstraße 41A | 8280 Kreuzlingen | Switzerland
+41 71 570 03 09

www.sac-bodan.ch/kletterhalle

CLIMBING CENTER TÄGERWILEN
Konstanzerstrasse 3 | 8274 Tägerwilen | Switzerland
+41 76 336 20 14 | info@kletterzentrum-tg.ch

www.kletterzentrum-tg.ch

SEA LIFE

Whether clown fish, sharks, turtles, starfish, seahorses or many other inhabitants - at SEA LIFE everyone will find their favorite animal. And by the way, you will learn how you can contribute to the protection of the oceans or the inhabitants yourself!

Hafenstraße 9 | 78462 Konstanz | Germany
+49 180 666 690 101

www.visitsealife.com/konstanz

BODENSEE PLANETARIUM

Experience the many wonders of the universe. Fly to the colorful birthplaces and gravesites of the stars and even further, beyond the boundaries of the Milky Way, out to the unimaginable expanses of myriad galaxies.

Breitenrainstrasse 21 | 8280 Kreuzlingen | Switzerland
+41 71 677 38 00 | hallo@bodensee-planetarium.ch

www.bodensee-planetarium.ch

LASER MAZE / 3D MINIGOLF

M10 True Active offers unique leisure experiences for young and old. Whether it's a family outing, a birthday party or a team event - we guarantee an unforgettable day full of fun and action. Immerse yourself in fantastic settings full of glowing black light colors.

Maybachstraße 10 | 78467 Konstanz | Germany
+49 160 8001 088 | m10@trueactive.de

www.trueactive.de

ESCAPE ROOM

Dive into a world full of adventure, action and puzzling events, because our Live Escape Games offer you all this and much more. In the course of the game you have to pick locks, solve tricky puzzles and master tricky tasks to find out codes; best as fast as possible!

Line-Eid Str. 11 | 78467 Konstanz | Germany
+49 17645921921 | trap.konstanz@gmail.com

www.trap-teambuilding.de

LAGO KONSTANZ

Fashion, lifestyle and enjoyment in more than 70 stores, cafés and restaurants: that is the LAGO Shopping Center. Located in the center of Konstanz, surrounded by the flair of Lake Constance, it provides you with an extraordinary overall experience.

Bodanstraße 1 | 78462 Konstanz | Germany

www.lago-konstanz.de

Pic: LAGO Shopping-Center Konstanz

SEEMAXX OUTLET CENTER RADOLFZELL

Welcome to seemaxx, the only outlet center on Lake Constance. Here, your favorite brands are waiting to be rediscovered - at prices that are really worth it. Plus: nature, sea air and the idyllic old town of Radolfzell just around the corner.

Schützenstrasse 50 | 78315 Radolfzell | Germany

www.seemaxx.de

Pic: Tourismus- und Stadtmarketing Radolfzell / Kuhnle und Knödler

CANO SINGEN

The CANO is a new component of the city center and a central meeting place in Singen. Our customers will find around 85 specialist stores and service businesses for all things their hearts desire on a sales area of 16,000 square meters.

Bahnhofstraße 29 | 78224 Singen | Germany

www.cano-singen.de

Pic: CANO Shoppingcenter Singen

HOLY FASHION GROUP OUTLET

Holy Fashion Group is a proprietary name of the Swiss fashion company Strellson AG, based in Kreuzlingen TG. The company designs and markets menswear and womenswear under the Strellson, JOOP! and Windsor brands.

Sonnenwiesenstrasse 21 | 8280 Kreuzlingen | Switzerland

www.holyfashiongroup.de

BODENSEE-SCHIFFFAHRT

Book directly online and secure your place on board. This makes the excursion on Lake Constance fun! Our event trips also take place in the rain, as all seats below deck are equipped with glass panorama. Of course, our open-air upper deck is also available to them in good weather.

Hafenstraße 6 | 78462 Konstanz | Germany
+49 7531 3640 0 | info@bsb.de

www.bsb.de

CATAMARAN

The catamaran boat service connects the cities of Friedrichshafen and Constance at hourly intervals throughout the year. A Lake Constance boat trip of a special kind. The two landing stages are located in close proximity to the city centers and various attractions.

Hafenstraße 6 | 78462 Konstanz | Germany
+49 7531 3639 320 | info@der-katamaran.de

www.der-katamaran.de

SCHWEIZERISCHE SCHIFFFAHRTSGESELLSCHAFT

The locals know what vacationers suspect: The shipping route between Kreuzlingen and Schaffhausen is the most beautiful river cruise in Europe. Since 1865, the Swiss shipping company Untersee und Rhein (URh) has been plying the western shores of Lake Constance and the Upper Rhine.

Freier Platz 8 | 8200 Schaffhausen | Switzerland
+41 52 634 08 88 | info@urh.ch

www.urh.ch

Pic: SchifffahrtURh

6

SPA / SWIMMING POOLS

KONSTANZ THERMAL BATH

Immerse yourself in the warmth of our thermal pools and let yourself drift away from the stresses and strains of everyday life: In the 33 degree warm indoor pool you will be gently washed around on bubble loungers by the healing mineral thermal water.

Zur Therme 2 | 78464 Konstanz | Germany
+49 7531 803 2700 | kontakt@konstanzer-baeder.de

www.therme-konstanz.de

Pic: Bädergesellschaft Konstanz GmbH / Bjørn Jansen

MEERSBURG THERMAL BATH

Anyone who looks out over the lake from the outdoor pool at Meersburg Therme will probably be overwhelmed every time. A spa cannot be more beautifully situated - directly on Lake Constance, with a panoramic view of clouds, water, waves and the Swiss Alps or the sunset!

Uferpromenade 10-12 | 88709 Meersburg | Germany
+49 7532 4402 850 | info@meersburg-therme.de

www.meersburg-therme.de

Pic: baliwiedieinsel_photographie

ÜBERLINGEN THERMAL BATH

In addition to a large outdoor pool with bubble loungers, massage jets & current channel, the following await you: Kneipp pool | whirlpool | 90m tire slide | 25m sports pool and a spa restaurant with a beautiful view.

Bahnhofstr. 27 | 88662 Überlingen | Germany
+49 7551 3019 930 | info@bodensee-therme.de

www.bodensee-therme.de

Pic: Bodensee Tourismus / Achim Mende

BORA HOT SPA RESORT SAUNA

In a small, own world full of warmth, water, life. Which takes you in and accommodates you. For a weekend, a seminar, a lake vacation. That connects what belongs together: living and working, going ahead and going out, taking in and letting go.

Karl-Wolf-Straße 35 | 78315 Radolfzell | Germany
+49 7732 950400 | reservierung@bora-hotsparesort.de

www.bora-hotsparesort.de

Pic: Tourismus- und Stadtmarketing Radolfzell / Kuhnle und Knödler

SWIMMING POOLS & BEACHES

RHEINSTRANDBAD
Spanierstraße 7 | 78467 Konstanz | Germany
+49 7531 9423 990

www.konstanzer-baeder.de/die-baeder/rheinstrandbad

NATURAL BEACH HORN
Eichhornstr. 100 | 78464 Konstanz | Germany
+49 7531 63550

https://www.konstanzer-baeder.de/die-baeder/strand-baeder/horn/

NATURAL BEACH TÄGERWILEN / SEERHEINBAD
Badistrasse | 8274 Tägerwilen | Germany
+41 71 669 33 66

www.badi-info.ch/tg/taegerwilen.html

SCHWIMMBAD HÖRNLI
Schwimmbadstrasse 2 | 8280 Kreuzlingen | Germany
+41 71 688 18 58 | info@schwimmbadhoernli.ch

www.schwimmbadhoernli.ch

FREIBAD RÖÖSLI
Seeweg | 8598 Bottighofen | Switzerland
T +41 71 688 69 49

www.badi-info.ch/tg/bottighofen.html

7

EVENTS

"GASSENFREITAGE" IN THE NIEDERBURG

The narrow alleys of Niederburg spread some medieval charm - one of the most beautiful districts in Konstanz. Musicians play in the streets, stores are open until 10 p.m. and people stroll in droves through the beautiful alleys of the Niederburg.

When: On the first Friday of every month (from May to October), from 6:30 to 10 p.m.

Where? In the alleys of the Niederburg: Inselgasse, Rheingasse, Tulengasse, Niederburggasse...

INTERNATIONALE BODENSEEWOCHE

Colorful sails, sunshine, action: The International Lake Constance Week awaits its visitors with colorful harbor hustle and bustle, action-packed water shows, an interesting water sports and boat exhibition as well as fascinating sailing regattas and rowing competitions. Over 150 sailing boats and 15 rowing eights will compete in regattas and races during these four days.

The waterfront promenade also invites visitors to stroll extensively through the maritime market - with many fine culinary specialties. Ferris wheel, art and music in the IBW lounge, harbor concerts, dance performances and other highlights round off the multi-faceted program.

www.internationale-bodenseewoche.com

CROSS-BORDER FLEA MARKET IN JUNE

The legendary cross-border 24h flea market Konstanz (D) / Kreuzlingen (CH) invites you to rummage, bargain and enjoy. Lively hustle and bustle on the Laube and on the Seerhein, numerous street musicians and cabaret artists, regional and international delicacies and the special atmosphere on the waterfront create unique sensory delights on this weekend. This weekend, unique sensory pleasures in the largest city of the four-country region of Lake Constance. 1,000 booths, 24 hours, 9 running kilometers, 2 countries, 1 flea market.

www.flohmarkt-konstanz.de

Pic: MTK / Chris Danneffel

WINE FESTIVAL IN JULY

In summer, the Wine Festival treats locals and visitors to a long weekend of enjoyment on St. Stephen's Square. Whether it's music to sing and sway along to, cozy hours with loved ones, fine wines or the pleasurable tucking into hearty regional regional delicacies - from Wednesdays to Fridays from 4 p.m. and Saturdays from 1 p.m., the festival area in the old town center is open until 1 a.m. each night.

www.weinfest-konstanz.de

SWISS NATIONAL HOLIDAY IN AUGUST

Bundesfeiertag is the official name of the national holiday of the Swiss Confederation. More common in standard Swiss German are the terms August 1 and Bundesfeier. It commemorates the Federal Charter, concluded at the beginning of August 1291. In the municipalities, celebrations take place in the afternoon or evening or in the evening, with each locality maintaining its own traditions. In some places traditional costumes are worn. At nightfall, children light their lanterns and private or public fireworks are set off everywhere. On many mountain tops and heights, meter-high bonfires burn.

"SEENACHTSFEST" IN AUGUST

The harbor area will once again be transformed into a large festival stage. Numerous live acts everywhere, art market in the Hafenstraße, exuberant SWR3 party on the event area Klein Venedig, culinary variety directly at the lakeside - so the summer days in Konstanz will be a unique experience. All eyes will be on the sky from 10:15 p.m., when a breathtaking pyro show will take place over the water. Experience the fireworks directly on the shore after a great day on Lake Constance.

www.seenachtfest.de

FURTHER INFORMATION

Registration
Registration for all training courses takes place exclusively via the registration forms on the website. Our terms and conditions apply.

Address
The SWISS BIOHEALTH EDUCATION CENTER is located at Konstanzerstrasse 11 in the Swiss border town of Kreuzlingen on Lake Constance and is easily accessible by all means of transportation.

Hotel recommendations
You can find all recommendations on our website www.swissdentalsolutions.com/en/approach-hotels

Cancellation
Up to 4 weeks before the start of the event, a written withdrawal from the training is possible. In this case an administrative fee of 50 € has to be paid.
In case of cancellation 4 weeks before the WEEK/DAYS a cancellation fee of 200 € is payable, 14 days before 500 €, in case of less than 7 days before the start of the training 1.000 €. In case of cancellation 4 weeks before the course/conference a cancellation fee of 50 € (per course) has to be paid, 14 days before 200 € (per course), in case of less than 7 days before the start of the training 300 € (per course).In case of no-show the course fees are forfeited. The booked place is of course transferable to a substitute participant.

Arrival by car
By car you come via the Swiss highway A7, which ends at the German-Swiss border. From there it is only a few 100 m to us. Coming from the German highway A81 or the B33 from Konstanz you will find us only 150 m after the only inner city customs between Konstanz and Kreuzlingen.

Parking
There are sufficient parking spaces available in the GARDEN CITY parking garage. The parking garage is located in the same building as the SWISS BIOHEALTH EDUCATION CENTER. Please pay attention to the signs! Parking in front of the building is not allowed. Illegally parked vehicles will be towed away for a fee.

Arrival by plane
Zurich Airport (ZRH) is the nearest airport. Kreuzlingen train station is directly connected to the airport, so you can take the train to Kreuzlingen directly from the airport. The train ride takes about one to one and a half hours. You can find the timetable at www.sbb.ch.

Taxi
You can book a private transfer from/to the airport for example on the following website:
www.ziil-taxi.ch

Arrival by train
Kreuzlingen train station is only 100 meters away and can be reached within three minutes through an underpass.

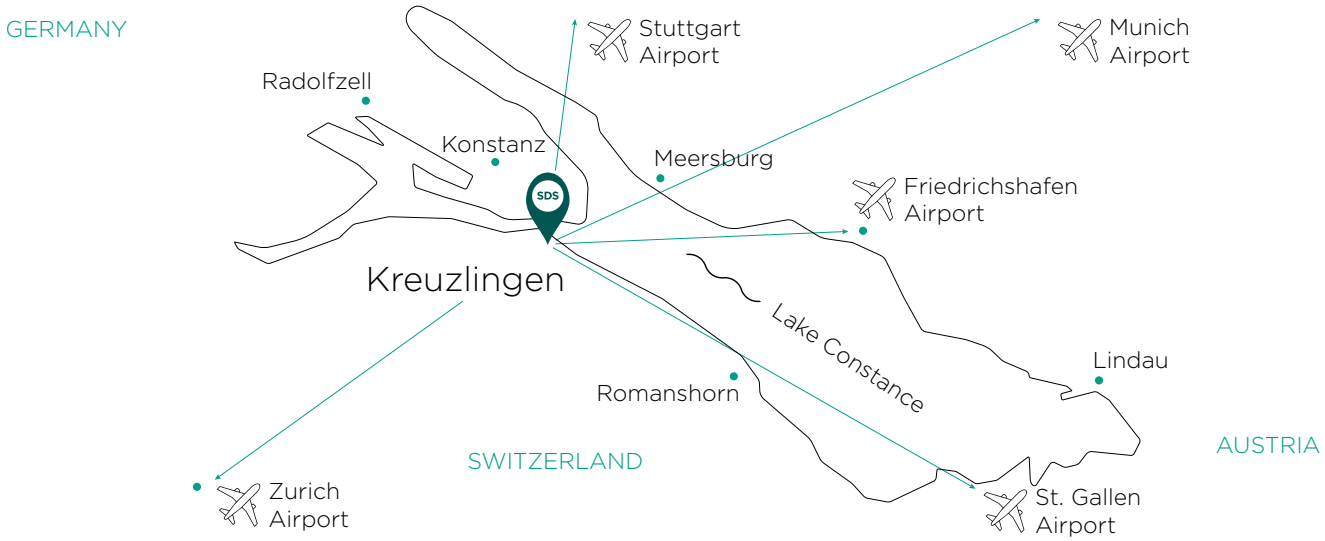
Open questions/contact person

If you have any further questions, please do not hesitate to contact us.

Ayla Tavit
CHIEF EDUCATION OFFICER

Contact

Phone +41 71 556 36 80
E-Mail education@swissdentalsolutions.com



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3rd Edition

SWISS BIOHEALTH EDUCATION